



*Improves Core  
Stabilisation Exercise*



# ACHIEVO Exercise CORE STABILITY TRAINER (PBS-LC1)

*A simple device that provides feedback on*

**The Manual Achievo Exercise Core Stability Trainer** provides real-time feedback to enhance the accuracy and effectiveness of deep core muscle training. It helps patients to develop proper spinal core muscle control, stability, and coordination which leads to improved pain management, muscle activation patterns and reduce risk of further injuries.

Analog 0-200 mmHg Pressure

## Specifications

<b>Measuring Range</b>	Analog 0-200 mmHg Pressure
<b>Inflate</b>	Squeeze bulb (after tight screening valve)
<b>Deflate</b>	Loosen Screw Valve
<b>Weight</b>	Approx. 600g (21oz)

## Ordering Information

ACHIEVO PBS-LC1	
<b>PBS-LC1Cuff</b>	Achievo Core Stability Trainer Pressure Cuff
<b>SW-AS08</b>	Achievo Core Stability Trainer Pressure Gauge

## Accessory Order Information

ACHIEVO PBS Digital RA 5001-01	
<b>PBS-LC1Cuff</b>	Achievo Core Stability Trainer Pressure Cuff
<b>RA 102-03BP</b>	Achievo PBS Digital Box (Automatic Pressure Pump)
<b>RA-102-05SP</b>	Achievo PBS Digital Software

## CONTACT

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